



## At-Home Test for the Detection of Pregnancy

### Instructions and use

**PLEASE READ ALL THE INFORMATION IN THIS LEAFLET BEFORE PERFORMING THE TEST.**

Do not use after the expiration date stamped on the side of the carton. Store in a dry place below 30°C (86°F).

Do not freeze. Keep out of reach of children.

**For in-vitro diagnostic use. Not to be taken internally.**

If you have any questions, call us toll-free at 1-800-268-3186, Monday-Friday from 7:00 AM to 5:00 PM Eastern Time. Visit us online at [www.1stresponse.ca](http://www.1stresponse.ca)



### When to use the FIRST RESPONSE™ Rapid Result Pregnancy Test

You can use the FIRST RESPONSE™ Rapid Result Pregnancy Test on the day of your missed period or any day thereafter. You can use the FIRST RESPONSE™ Rapid Result Pregnancy Test any time of the day. You do not have to use the first morning urine. Generally, however, your first morning urine contains the highest level of the pregnancy hormone.

### Instructions

- Remove test stick from the foil wrapper and take off the **Overcap**.
- Holding the test stick by the **Thumb Grip** with the **Absorbent Tip** pointing downward and the **Result Window** facing away from your body, place the **Absorbent Tip** in your urine stream for **5 seconds only**. (You may also collect your urine in a clean, dry cup and immerse the entire **Absorbent Tip** in the urine for **20 seconds only**.)

- With the **Absorbent Tip** still pointing downward, replace the **Overcap**\*\* and lay the stick on a flat surface with the **Result Window** facing up.

\*\*Replacement of the Overcap is not necessary for the proper functioning of the test.

- You may soon see a pink color moving across the **Result Window** to indicate the test is working.



### Reading the result—Read your result at 45 seconds



**PREGNANT**  
TWO PINK LINES in the **Result Window**  
One line may be lighter than the other

**Q: What do I do if the result is positive (pregnant)?**

**A:** Remember, this test is not intended to replace your healthcare professional's diagnosis. A positive (pregnant) test result shows that the pregnancy hormone (hCG) was detected. See your healthcare professional to confirm that you are pregnant.



**NOT PREGNANT**  
ONE PINK LINE in the **Result Window**

**Q: What do I do if the result is negative (not pregnant)?**

**A:** You may not be pregnant, or it may be too early to tell. If you do not get your period within 7 days, you should retest with another FIRST RESPONSE™ Rapid Result Pregnancy Test. It is possible that you miscalculated the length of your cycle or your urine may not have had enough pregnancy hormone for the FIRST RESPONSE™ Test to give a positive result. If you retest and again no hCG is found, and your period still has not started, you should call your healthcare professional.

### Questions & Answers

**Q: How does the test work?**

**A:** The FIRST RESPONSE™ Rapid Result Pregnancy Test detects in urine the hormone your body makes during pregnancy: hCG (human chorionic gonadotropin). The amount of pregnancy hormone increases as pregnancy progresses.

**Q: When can I do the test?**

**A:** You can use the FIRST RESPONSE™ Rapid Result Pregnancy Test any time of the day. You do not have to use first morning urine. Generally, however, your first morning urine contains the highest level of the pregnancy hormone. You can use the FIRST RESPONSE™ Rapid Result Pregnancy Test on the day of your missed period or any day thereafter.

**Q: How accurate is the test?**

**A:** In studies of the FIRST RESPONSE™ Rapid Result Pregnancy Test with urine samples representative of both pregnant and non-pregnant subjects, laboratory technicians obtained the correct expected result in more than 99%\* of the samples.

\* 99% accurate at detecting the pregnancy hormone. However, some pregnant women may not have detectable amounts of pregnancy hormone in their urine on the first day of the missed period or may have miscalculated the first day of their period.

**Q: I have waited longer than 45 seconds, and still there are no lines in the Result Window. Is there anything wrong?**

**A:** Your result should appear within 45 seconds on the day of your missed period. There should be at least one pink line in the **Result Window** at 5 minutes to indicate that the test is completed and you have done it correctly. If not, the test is invalid. This could be due to insufficient urine on the **Absorbent Tip** or not holding the device with the **Absorbent Tip** pointing downward while replacing the **Overcap**. You should retest with another device, carefully following all directions.

**Q: Will the result change if left standing for a certain period of time?**

**A:** The test result should be read as soon as possible after waiting the 45 seconds. A positive result will last for at least 48 hours. A negative result should not be read after 10 minutes.

**Q: Do any drugs or medications affect the test?**

**A:** Only medications containing the pregnancy hormone (hCG) can affect the result (e.g., Pregnyl<sup>1</sup>). The test should not be affected by hormone therapies containing Clomiphene citrate (e.g., Clomid<sup>2</sup> and Serophene<sup>3</sup>), alcohol, painkillers, antibiotics, or the contraceptive pill.

To increase your chances for a healthy pregnancy for you and your baby, you should consider the following:

- Maintain a well-balanced diet.
- Stop smoking.
- Avoid drinking alcoholic beverages.

From conception through the first three months of pregnancy is the most important time. You need to see your healthcare professional immediately for proper care and nutrition counseling.

**IF YOU HAVE QUESTIONS OR IF YOU WISH TO DISCUSS YOUR RESULTS,**

Call the toll-free number **1-800-268-3186** M-F from 7am - 5pm ET.

Visit us online at [www.1stresponse.ca](http://www.1stresponse.ca)

**Trying to get pregnant...**

Many women do not know that their most fertile days are the days leading up to ovulation (when your ovary releases an egg to be fertilized by the sperm). To become pregnant sooner, you should become more familiar with your ovulation cycle. The FIRST RESPONSE™ Ovulation Test kit is an at-home, one-step test designed to predict ovulation by monitoring changes in your hormone levels. With the help of the FIRST RESPONSE™ Ovulation Test kit, you can predict your peak fertility days and get pregnant sooner.

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