



# DIGITAL Pregnancy Test

## INSTRUCTIONS AND USE

PLEASE READ ALL THE INFORMATION IN THIS LEAFLET BEFORE PERFORMING THE TEST.

Do not use after the expiration date stamped on the side of the carton. Store in a dry place below 30°C (86°F).

Do not freeze. Keep out of the reach of children. **For in-vitro diagnostic use. Not to be taken internally. Single-use device. Do not reuse.**

If you have any questions please call us toll-free at 1-800-268-3186, M-F from 7am - 5pm ET. Visit us online at [www.1stResponse.ca](http://www.1stResponse.ca)

### When to use the FIRST RESPONSE™ Digital Pregnancy Test

The FIRST RESPONSE™ Digital Pregnancy Test is so sensitive it can detect hCG (human chorionic gonadotropin) as early as 6 days before your missed period (5 days before the day of the expected period). You can use the FIRST RESPONSE™ test at any time of day or night, and while you do not have to use first-morning urine, in general, your first-morning urine contains the highest level of pregnancy hormone.

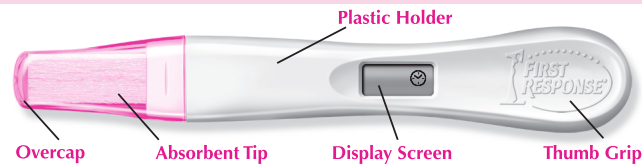
**Important note regarding negative results:** Some pregnant women will not be able to detect hCG in their urine 6 days before your missed period (5 days before the day of the expected period). If you test negative before your missed period, but think you may still be pregnant, you should retest again in a few days after your missed period.

**Important note regarding positive results:** Because this test detects low levels of hCG, it is possible that this test may give positive results even if you are not pregnant. If you test positive, but think you may not be pregnant, you should check with your doctor.

All results should be confirmed by your health care provider, especially when making decisions about future medical care.

## INSTRUCTIONS THIS DEVICE SELF-ACTIVATES UPON REMOVAL FROM THE WRAPPER. DO NOT OPEN WRAPPER UNTIL YOU ARE READY TO USE.

- After reading the insert when you are ready to perform the test remove the test stick from the foil wrapper and remove the **Overcap**. (Upon removal from the wrapper, check the **Display Screen** for the presence of a steady clock symbol ⌚. The device is ready for use. **Do not use the test unless the steady clock symbol is on the Display Screen.**)



### STEP 1

#### EITHER

- Hold **Thumb Grip** so that the **Absorbent Tip** is pointing downward and the **Display Screen** is facing away from your body.
- Place the **Absorbent Tip** in your urine stream for **5 seconds**. Be careful not to get the urine on the plastic holder. During testing, never hold the device with the Absorbent Tip pointing upward.



#### OR

- You may collect your urine in a clean, dry cup and immerse the entire **Absorbent Tip** in the urine for 5 seconds.



### STEP 2

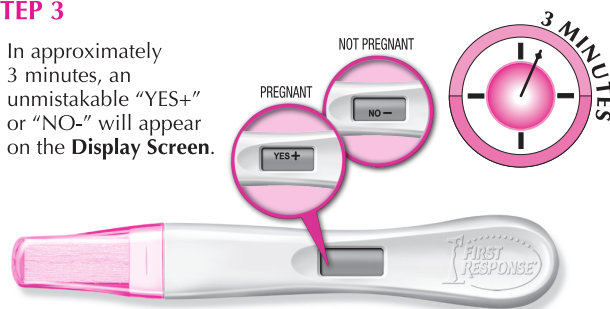
- While still holding the stick with the **Absorbent Tip** facing downward, replace the **Overcap** and lay the stick on a flat non-absorbant surface with the **Display Screen** facing up.
- The clock symbol ⌚ will begin to blink in about 30 seconds after urine is applied to indicate the test is working.



## READING YOUR RESULT—READ YOUR RESULT AT 3 MINUTES

### STEP 3

- In approximately 3 minutes, an unmistakable **“YES+”** or **“NO-”** will appear on the **Display Screen**.



## QUESTIONS & ANSWERS

### Q: How does the test work?

**A:** The FIRST RESPONSE™ Digital Pregnancy Test detects in urine the hormone your body produces during pregnancy; human chorionic gonadotropin (hCG).

### Q: When can I test with First Response™ Digital Pregnancy Test?

**A:** The First Response™ Digital Pregnancy Test is designed to detect hCG as early as 6 days before your missed period (5 days before the day of the expected period). The amount of pregnancy hormone increases as pregnancy progresses. In laboratory testing with early pregnancy urine samples, First Response™ gave the following results.

NUMBER OF DAYS BEFORE YOUR MISSED PERIOD	% OF SAMPLES FROM PREGNANT WOMEN GIVING A POSITIVE RESULT
1	>99%
2	>99%
3	>99%
4	96%
5	86%
6	60%

### Q: How accurate is the test?

**A:** FIRST RESPONSE™ is >99% accurate from the day of the expected period in laboratory studies. However, some pregnant women may not have detectable amounts of pregnancy hormone in their urine on the day they test or may have miscalculated the first day of their period.

### Q: What do I do if the result on the Display Screen is “YES+” (pregnant)?

**A:** A “YES+” test result shows that the pregnancy hormone (hCG) was detected, which normally indicates pregnancy. You must see your doctor to confirm that you are pregnant. If you test positive, but think you may not be pregnant, you should check with your doctor.

### Q: What do I do if the result on the Display Screen is “NO-” (not pregnant)?

**A:** You may not be pregnant, or it may be too early to tell. If you do not get your period within 7 days, you should retest with another FIRST RESPONSE™ Digital Pregnancy Test. It is possible that you miscalculated the length of your cycle or your urine may not have had enough pregnancy hormone for the test to register a “YES+” result. If upon retesting you get another “NO-” result and your period has still not started, you should call your doctor.

### Q: The blinking clock ⌚ has disappeared followed by a “?” on the Display Screen. What does this mean?

**A:** A “?” symbol indicates an error has occurred during testing. You should retest with another FIRST RESPONSE™ Digital Pregnancy Test, carefully following all directions.

### Q: The Display Screen is blank. What is wrong?

**A:** If the display screen goes blank at any time before yielding a result, an error has occurred. You should retest with another First Response™ Digital Pregnancy Test, carefully following all directions.

### Q: How long will my result show on the Display Screen?

**A:** Your result will be displayed for at least 30 minutes. Read your results within this time frame. Once you have read your result, discard the stick. Note: This device contains a battery with a removal feature on the reverse side of the Thumb Grip. Be sure to dispose of the battery according to local regulations.

### Q: What will happen if the plastic holder gets wet?

**A:** Some splashing while using the test will not damage the test, but if it becomes very wet it can become damaged. If the test becomes damaged, the Display Screen will either go blank or an error “?” message will appear.

### Q: Do any drugs or medications affect the test?

**A:** Only medications containing the pregnancy hormone (hCG) can affect the result (for example, A.P.L.<sup>1</sup>, Pregnyl<sup>2</sup>, Profasi<sup>3</sup> and Pergonal<sup>3</sup>). The test should not be affected by hormone therapies containing Clomiphene citrate (for example Clomid<sup>4</sup> and Serophene<sup>5</sup>), alcohol, pain killers, antibiotics, or the contraceptive pill.

### Q: I removed the device from the wrapper and the clock symbol appeared on the Display Screen; however, I'm not ready to use the test. What should I do?

**A:** Once removed from the wrapper, the device must be used within 12 hours. Keep the device dry before use.

**?** Call the toll-free number **1-800-268-3186**, M-F from 7am - 5pm ET. Visit us online at [www.1stResponse.ca](http://www.1stResponse.ca)

**To increase your chances for a healthy pregnancy for you and your baby, you should consider the following:**

- Maintain a healthy diet
- Stop smoking

The period from conception through the third month of pregnancy is a very important time. You should see your doctor regularly throughout your pregnancy for proper care and nutritional counseling.

**WARNING:** According to Health Canada, there is no safe amount or safe time to drink alcohol during pregnancy.


### Trying to get pregnant...

Many women do not know that their most fertile days are the days leading up to ovulation (when your ovary releases an egg to be fertilized by the sperm).

To become pregnant sooner, you should become more familiar with your ovulation cycle.

The FIRST RESPONSE™ Easy-Read Ovulation Test kit is an at-home, one-step test designed to predict ovulation by monitoring changes in your hormone levels.

With the help of the FIRST RESPONSE™ Easy-Read Ovulation Test kit, you can predict your peak fertility days and get pregnant sooner. Based on directions for use.

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