



At-Home Test for the Detection of Pregnancy

INSTRUCTIONS AND USE

PLEASE READ ALL THE INFORMATION IN THIS LEAFLET BEFORE PERFORMING THE TEST.

Do not use after the expiration date stamped on the carton. Store in a dry place below 30°C (86°F). Do not freeze. Keep out of reach of children.

For in-vitro diagnostic use. Not to be taken internally. Single-use device. Do not reuse.

IF YOU HAVE ANY QUESTIONS OR IF YOU WISH TO DISCUSS YOUR RESULTS,

Call the toll-free number 1-800-268-3186 M-F from 7am - 5pm ET.

When to use the FIRST RESPONSE™ Early Result Pregnancy Test

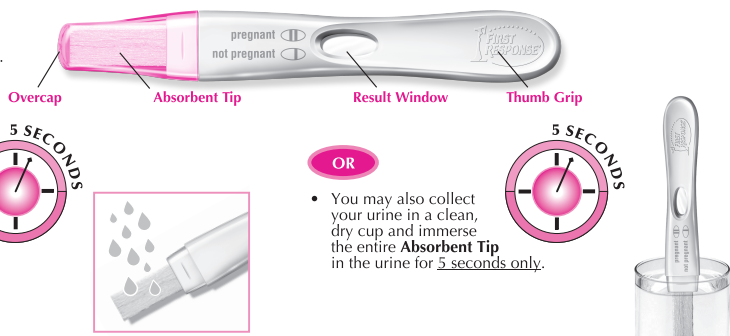
The FIRST RESPONSE™ EarlyResult Pregnancy Test is so sensitive that most pregnant women have enough of the pregnancy hormone, hCG (human chorionic gonadotropin), to be detected as early as 6 days before your missed period (5 days before day of the expected period). You can use the FIRST RESPONSE™ Early Result Pregnancy Test any time of the day. You do not have to use the first morning urine. Generally, however, your first morning urine contains the highest level of the pregnancy hormone.

Important note regarding negative results: Some pregnant women will not be able to detect hCG in their urine 6 days before your missed period (5 days before day of the expected period). If you test negative before your missed period, but think you may still be pregnant, you should retest again in a few days after your missed period. All results should be confirmed by your health care provider, especially when making decisions about future medical care.

Important note regarding positive results: Because this test detects low levels of hCG, it is possible that this test may give positive results even if you are not pregnant. If you test positive, but think you may not be pregnant, you should check with your doctor.

INSTRUCTIONS

- After reading the insert and when you are ready to perform the test, remove the test stick from the foil wrapper and take off the **Overcap**.



STEP 1

EITHER

- Holding the test stick by the **Thumb Grip** pointing the **Absorbent Tip** downward and the **Result Window** facing away from your body, place the **Absorbent Tip** in your urine stream for **5 seconds only**.

OR

- You may also collect your urine in a clean, dry cup and immerse the entire **Absorbent Tip** in the urine for **5 seconds only**.

READING THE RESULT—READ YOUR RESULT AT 3 MINUTES

STEP 2

- While still holding the stick with the **Absorbent Tip** facing downward, replace the **Overcap** and lay the stick on a flat non-absorbent surface with the **Result Window** facing up.
- You may soon see a pink colour moving across the **Result Window** to indicate the test is working.
- Wait 3 minutes until reading results.



STEP 3



PREGNANT
TWO PINK LINES in the **Result Window**.
One line may be lighter than the other.
Appearance of the results may vary.

NOT PREGNANT
ONE PINK LINE in the **Result Window**.



QUESTIONS & ANSWERS

Q: How does the test work?

A: The FIRST RESPONSE™ Early Result Pregnancy Test detects in urine the hormone your body produces during pregnancy; human chorionic gonadotropin (hCG).

Q: When can I test with FIRST RESPONSE™ Early Result Pregnancy Test?

A: The FIRST RESPONSE™ Early Result Pregnancy Test is designed to detect hCG as early as 6 days before your missed period (5 days before day of the expected period). The amount of pregnancy hormone increases as pregnancy progresses. In laboratory testing with early pregnancy urine samples, FIRST RESPONSE™ gave the following results.

NUMBER OF DAYS BEFORE YOUR MISSED PERIOD	% OF SAMPLES FROM PREGNANT WOMEN GIVING A POSITIVE RESULT
1	>99%
2	>99%
3	>99%
4	>99%
5	96%
6	76%

Q: How accurate is the test?

A: FIRST RESPONSE™ is >99% accurate from the day of the expected period in laboratory studies. However, some pregnant women may not have detectable amounts of pregnancy hormone in their urine on the day they test or may have miscalculated the first day of their period.

Q: What do I do if the result is positive (pregnant)?

A: A positive (pregnant) test result shows that the pregnancy hormone (hCG) was detected, which normally indicates pregnancy. You must see your doctor to confirm that you are pregnant. If you test positive, but think you may not be pregnant, you should check with your doctor.

Q: What do I do if the result is negative (not pregnant)?

A: You may not be pregnant, or it may be too early to tell. If you do not get your period within 7 days, you should retest with another FIRST RESPONSE™ Early Result Pregnancy Test. It is possible that you miscalculated the length of your cycle or your urine may not have had enough pregnancy hormone for the test to give a positive result. If upon retesting you get another negative result and your period has still not started, you should call your doctor.

Q: I have waited longer than 3 minutes and still there are no lines in the Result Window. Is there anything wrong?

A: Your result should appear within 3 minutes. There should be at least one pink line in the **Result Window** at 3 minutes to indicate that the test is completed and you have done it correctly. If not, the test is invalid. This could be due to insufficient urine on the **Absorbent Tip** or not holding the device with the **Absorbent Tip** pointing downward while replacing the **Overcap**. You should retest with another device, carefully following all directions.

Q: Will the result change if left standing for a certain period of time?

A: The test result should be read as soon as possible after waiting the 3 minutes. A negative result should not be read after 10 minutes.

Q: Do any drugs or medications affect the test?

A: Only medications containing the pregnancy hormone (hCG) can affect the result (for example, A.P.L.¹, Pregnyl², Profasi³ and Pergonal³). The test should not be affected by hormone therapies containing Clomiphene citrate (for example Clomid⁴ and Serophene⁵), alcohol, pain killers, antibiotics, or the contraceptive pill.

IF YOU HAVE ANY QUESTIONS OR IF YOU WISH TO DISCUSS YOUR RESULTS,

Call the toll-free number 1-800-268-3186 M-F from 7am - 5pm ET.

Visit us online at www.1stresponse.ca

To increase your chances for a healthy pregnancy for you and your baby, you should consider the following:

- Maintain a well-balanced diet
- Stop smoking
- Avoid drinking alcoholic beverages

From conception through the first three months of pregnancy is the most important time. You need to see your doctor immediately for proper care and nutrition counseling.

Trying to get pregnant...

Many women do not know that their most fertile days are the days leading up to ovulation (when your ovary releases an egg to be fertilized by the sperm). To become pregnant sooner, you should become more familiar with your ovulation cycle.

The **FIRST RESPONSE™ Easy-Read Ovulation Test kit** is an at-home, one-step test designed to predict ovulation by monitoring changes in your hormone levels. With the help of the **FIRST RESPONSE™ Easy-Read Ovulation Test kit**, you can predict your peak fertility days and get pregnant sooner.

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